

Lissa

From: ExtMAGDRL@yahoogroups.com on behalf of Lissa [lissa.scott@verizon.net]
Sent: Friday, June 12, 2009 6:11 PM
To: ExtMAGDRL@yahoogroups.com
Subject: [ExtMAGDRL] DOE Topic #51: Protein levels in raw diets

Hi All,

I get this question so often that it's worth posting as Dog Owner Education Topic #51: Protein levels in raw diets.

It's a myth that raw meat is higher in protein than commercially prepared kibble, but we may think it's true because we generally think of meat as a "protein source." But chicken backs, a staple for most Rawfeeders, have only 16% protein. The reason that raw meat is so low in protein is that it's around 70% water. It's excellent for dogs that require a low fat diet and those that need to drop some weight without feeling that they're being starved. Most supermarkets post the protein levels on their meat labels, so you can see the differences in various types of meat.

For example, here's analysis of a super-premium Canidae ALS Dogs Chicken Turkey, Lamb & Fish Meal formula kibble: (<https://www.lizzyshealthypetfood.com...ROD&ProdID=725>)

	As Served	Dry Matter
Protein	24%	46%
Fat	14.5%	22%
Fiber	4%	4%
Moisture	10%	0%
other	25%	28%

And here is raw chicken, broilers or fryers, leg, meat and skin (<http://www.nal.usda.gov/fnic/foodcomp/search/>)

	As Served	Dry Matter
Protein	16%	60%
Fat	12%	40%
Fiber	0%	0%
Moisture	70%	0%

Green tripe:

Tripett Beef Tripe

Min. Protein	11%,
Min. Fat	7%,
Max. Fiber	5%,
Max. Moisture	79.8%.

Solid Gold- "Green Cow Tripe" Beef Tripe

Min Protein	8%
Min Fat	6%
Max Fiber	1%
Max Moisture	82%

And as always, thanks for educating yourself to help all dogs and their owners. Until next time!

Lissa Scott

Feeding Raw Meaty Bones since 2001

AKC Canine Good Citizen Evaluator #9661 since 2003

Vice President, Mid-Atlantic Great Dane Rescue League

MAGDRL web: <http://www.magdrl.org>

MAGDRL events: <http://www.lissa.net/Joya/MAGDRL.htm>

"A dog is the only thing on earth that loves you more than he loves himself." - Josh Billings



Community email addresses:

Post message: ExtMAGDRL@yahoogroups.com

Subscribe: ExtMAGDRL-subscribe@yahoogroups.com

Unsubscribe: ExtMAGDRL-unsubscribe@yahoogroups.com

List owner: ExtMAGDRL-owner@yahoogroups.com

MAGDRL Website:

<http://www.magdrl.org>

Your email settings: Individual Email|Traditional

[Change settings via the Web](#) (Yahoo! ID required)

Change settings via email: [Switch delivery to Daily Digest](#) | [Switch to Fully Featured](#)

[Visit Your Group](#) | [Yahoo! Groups Terms of Use](#) | [Unsubscribe](#)