

Lissa

From: ExtMAGDRL@yahoogroups.com on behalf of Lissa Scott [lissa.scott@verizon.net]
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To: ExtMAGDRL@yahoogroups.com
Subject: [ExtMAGDRL] DOE Topic #52: Natural help for yeast infections

Hi All,

Some of you may know that since I moved my Dane girls to DE, they've been fighting yeast infections ([all about yeast infections here](#)) Sharing my "AHA Moment" with all as Dog Owner Education Topic #51: Natural help for yeast infections.

Last fall around the time the girls first came to DE, Savannah was on antibiotics for several weeks. Because the meds killed the beneficial bacteria as well as the bad stuff, she developed a severe systemic yeast infection including something I'd never seen -- mottled areas of black goo inside her ears. Around the same time, Poet started licking, quickly developed hot-spots on her legs and belly, and we battled ear infections for months. Off/on both girls experienced incessant licking & hot spots, itching, bad breath, smelly poop and body odor. It was a miserable situation until they finally got minor relief in March when I contacted a homeopath in Texas and ordered a shelf-full of supplements.

Even so, 8 months later the only reason they didn't relapse was because I loaded them with twice-daily mega-doses of 5 different brands of probiotics. Despite that, they still had a faint smell and were still itchy. Although their diet was the same as in MD, clearly something in DE allowed Candida to flourish. A month ago I dived back into searching for the cause and came across the fact that yeast thrives in acidic environments -- *then I had my AHA moment!* I remembered my pre-settlement paperwork included a water test, so I pulled out the paperwork and looked at the PH test -- my DE water is 5.75 (acidic!!!)

I immediately searched the web for ways to make the girls drinking water more alkaline and found this human health site: <http://www.yeastinfectionadvisor.com/alkalinediet.html> After reading this, I decided to do a test to see if doing something as simple as adding lemon to their water would help. In early May I started adding a few drops of fresh lemon juice to their fresh water 3 times a day.

A month later, I'm here to tell you it has made a HUGE difference. Savannah and Poet have all but lost their wet-tennis-shoe-smell and are much less itchy. Head shaking and licking are drastically reduced. Even more startling, the black goo in Savannah's ears has faded to light gray and I'll bet it'll be gone in another month. And hopefully once their PH is rebalanced, I can eliminate all those bottles of probiotics they take twice each day!

Lesson learned – Keeping a dog's system PH alkaline creates a positive environment for the growth of beneficial bacteria! And although giving probiotics helps combat yeast, if their system is too acidic it's a losing battle. Beneficial bacteria that fight yeast naturally won't flourish in an acidic environment, but just adding a natural alkalizer like lemon juice to the food/diet helps combat and prevent yeast infections. (And there's a boatload of info on the web about how beneficial an alkaline PH is for humans too!)

As always, thanks for educating yourself to help all dogs and their owners!

See other Dog Owner Education Topics at the bottom of this page: http://www.lissa.net/Joya/Dane_rescue.htm

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"A dog is the only thing on earth that loves you more than he loves himself." - Josh Billings



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